



















Senior School Lunch

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread
Main Dishes	Spaghetti Bolognaise 	Jerk Chicken topped with Mango Salsa   	Tofu, Broccoli and Spinach Chow Mein 	Roasted Loin of Pork served with Crackling and Apple Sauce	International Day 
Sides	Vegetable Lasagne with Roasted Peppers, Tomatoes and Creamy Sauce	Plantain and Kidney Bean Curry  	Vegetable Gyozas with Sticky Rice and Asian Greens 	Roasted Vegetable Wellington	
Pasta and Jackets	Lemon and Herb dressed Green Beans Sautéed Courgettes	Jollof Rice Grilled Corn Collard Greens	Tempura Mixed Vegetables Wilted Pak Choi	Rosemary and Thyme Roasted New Potatoes Broccoli Florets Baton Carrots Gravy	
	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese
	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce
Desserts	Chocolate Brownie	Sticky Ginger Sponge Cake	Basque Style Cheesecake	Steamed Syrup Sponge served with Custard	International dessert

Senior School Lunch

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread
Main Dishes	Butchers Sausages served with Red Onion Chutney	Margarita Pizza	Tandoori Spiced Chicken Flatbread topped with Citrus Herbed Yoghurt  	Street loaded Beef Nachos with Spring Onion and Sour Cream  	Southern Fried Chicken Burger 
Sides	Vegetarian Toad in the Hole 	Vegetable and Ricotta Pizza	Garlic and Coriander Falafel Flatbread topped with a Minted Cucumber Yoghurt 	Street Loaded mixed Lentil Nachos with Spring Onion and Sour Cream  	Halloumi stuffed Mushroom Burger
Pasta and Jackets	Yorkshire Puddings Mashed Potatoes Roasted Vegetables Gravy	Smoky Potato Wedges Corn on the Cob	Pilaf Rice Cauliflower Aloo	Mexican Corn Refried Beans	Fries BBQ Beans Crushed Peas
	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese	Jacket Potato topped with Beans and Cheese
	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce	Penne Pasta topped with Homemade Tomato Sauce
Desserts	Apple Crumble and Custard	Jam and Coconut Cake	Loaded Chocolate Cake	Meringue Nests	Blueberry Crumble topped Cake

Senior School Lunch

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Soup of the Day

Soup of the Day
Served with Freshly
Baked Bread

Soup of the Day
Served with Freshly
Baked Bread

Soup of the Day
Served with Freshly
Baked Bread

Soup of the Day
Served with Freshly
Baked Bread

Soup of the Day
Served with Freshly
Baked Bread

Main Dishes

Penne Arrabiata with
Mozzarella and Basil

Sticky Chinese Beef
Brisket served with
Asian Noodles



Hoisin Baked Tofu
served with Asian
Noodles



Prawn Crackers
Stir fried Vegetables
Soy and Garlic Pak
Choi

Chicken Fajitas served
with Guacamole, Sour
Cream and homemade
Salsa Sauce



Spicy Black bean Tacos



Mexican Potatoes
Char Grilled Courgette
Mexican Street Corn

Hand Breaded Katsu
Chicken



Katsu Quorn



Coconut Rice
Asian Style Cabbage
Asian Roasted
Vegetables

Battered Fish With
Homemade Tartar
Sauce

Feta, roasted Red
Pepper Filo Tart

Sides

Corn on the Cob
Garlic and Chilli
Green Beans

Chips
Beans
Mushy Peas
Gravy

Pasta and Jackets

Jacket Potato
topped with Beans
and Cheese

Jacket Potato topped
with Beans and
Cheese

Jacket Potato topped
with Beans and
Cheese

Jacket Potato topped
with Beans and
Cheese

Jacket Potato topped
with Beans and
Cheese

Penne Pasta topped
with Homemade
Tomato Sauce

Penne Pasta topped
with Homemade
Tomato Sauce

Penne Pasta topped
with Homemade
Tomato Sauce

Penne Pasta topped
with Homemade
Tomato Sauce

Penne Pasta topped
with Homemade
Tomato Sauce

Desserts

Chocolate Dipped
Shortbread

Pineapple upside
down Cake with
Vanilla Cream

Churros Served with
Strawberry Sauce

Carrot Cake

Lemon Drizzle
Sponge Cake

FOUNDED IN 1999

HOLROYD HOWE

FEEDING INDEPENDENT MINDS