



















# Senior School Lunch Menu










WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread
<b>Main course</b>	Butchers Sausages served with Red Onion Chutney	Margarita Pizza	Tandoori Spiced Chicken Flatbread topped with Citrus Herbed Yoghurt  	Street loaded Beef Nachos with Spring Onion and Sour Cream 	Southern Fried Chicken Burger 
<b>Main course</b>	Vegetarian Toad in the Hole 	Vegetable and Ricotta Pizza	Garlic and Coriander Falafel Flatbread topped with a Minted Cucumber Yoghurt 	Street Loaded mixed Lentil Nachos with Spring Onion and Sour Cream 	Halloumi stuffed Mushroom Burger 
<b>Sides</b>	Yorkshire Puddings Mashed Potatoes Roasted Vegetables Gravy	Smokey Potato Wedges Corn on the Cob	Pilaf Rice Cauliflower Aloo	Mexican Corn Refried Beans	Fries BBQ Beans Crushed Peas
<b>Pasta and Jackets</b>	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce
<b>Desserts</b>	Apple Crumble and Custard	Jam and Coconut Cake	Loaded Chocolate Cake	Buttermilk Pancakes with Chocolate Sauce	Blueberry Crumble topped Cake

# Senior School Lunch Menu

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread
<b>Main course</b>	Spaghetti Bolognaise 	Jerk Chicken topped with Mango Salsa  	Spiced Edamame and Sesame Noodles  	Roasted Loin of Pork served with Crackling and Apple Sauce	International Day
<b>Main course</b>	Vegetable Lasagne with Roasted Peppers, Tomatoes and Creamy Sauce 	Plantain and Kidney Bean Curry  	Vegetable Gyozas with Sticky Rice and Asian Greens 	Roasted Vegetable Wellington	
<b>Sides</b>	Lemon and Herb dressed Green Beans Sauteed Courgettes	Jollof Rice Grilled Corn Collard Greens	Tempura Mixed Vegetables Wilted Pak Choi	Rosemary and Thyme Roasted New Potatoes Broccoli Florets Baton Carrots Gravy	
<b>Pasta and Jackets</b>	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce
<b>Desserts</b>	Chocolate Brownie	Sticky Ginger Sponge Cake	Rhubarb and Ginger Streusel Tart with Cream	Steamed Syrup Sponge served with Custard	International dessert

# Senior School Lunch Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread	Soup of the Day Served with Freshly Baked Bread
<b>Main course</b>	Penne Arrabbiata with Mozzarella and Basil 	Sticky Chinese Beef Brisket served with Asian Noodles 	Chicken Fajitas served with Guacamole, Sour Cream and homemade Salsa Sauce 	Hand Breaded Katsu Chicken  	Battered Fish With Homemade Tartar Sauce
<b>Main course</b>	Mac N Cheese	Hoisin Baked Tofu served with Asian Noodles 	Spicy Black bean Taco's 	 Katsu Quorn 	Feta, roasted Red Pepper Filo Tart
<b>Sides</b>	Corn on the Cob Garlic and Chilli Green Beans	Prawn Crackers Stir fried Vegetables Soy and Garlic Pak Choi	Mexican Potatoes Char Grilled Courgette Mexican Street Corn	Coconut Rice Asian Style Cabbage Asian Roasted Vegetables	Chips Beans Mushy Peas Gravy
<b>Pasta and Jackets</b>	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce	Jacket Potato topped with Beans and Cheese  Penne Pasta topped with Homemade Tomato Sauce
<b>Desserts</b>	Tiramisu	Pineapple upside down Cake with Vanilla Cream	Churros Served with Strawberry Sauce	Carrot Cake	Lemon Drizzle Sponge Cake