

# SIXTH FORM LUNCH

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread
<b>Main course</b>	Loaded Macaroni Cheese topped with Butternut Squash and toasted Pumpkin Seeds	Thai Green Chicken Curry	Chili Beef Burrito	5 spiced Pork Stir fry	Katsu Chicken Curry
<b>Main course</b>		Thai Red Vegetable Curry	Mixed Bean and Sweet Potato Burrito	Honey and Sesame Roasted Tofu Stir fry	Aubergine Katsu Curry
<b>Sides</b>	Homemade Focaccia Bread	Steamed Rice Poppadom's Green Beans Pak Choi	Loaded Nachos Mexican Rice Salsa Sauce Sour Cream	Noodles Sesame Roasted Vegetables	Rice Katsu Sauce Asian Slaw Pickles
<b>Pasta and Jackets</b>	Jacket Potato Topped with Chili Beef	Jacket Potato with Cheese, Beans and Coleslaw	Carbonara Pasta	Jacket Potato and Topping of the Day	Penne Pasta with Tomato and Feta
			Strawberry and		

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Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread
<b>Main course</b>	Beef Bolognaise	Toad in the Hole	Homemade Pizza Selection	Chicken Tikka Masala	Home Battered Fish
<b>Main course</b>	Vegetable Bolognese	Vegetarian Toad		Courgette and Chickpea Curry	Vegetable Quiche
<b>Sides</b>	Spaghetti Garlic Bread Selection of Vegetables	Roast Potatoes Selection of Vegetable	Roasted Wedges Garlic Mayonnaise Loaded Coleslaw	Indian Vegetable Rice Onion Bhaji	French Fries Mushy Peas Baked Beans Curry Sauce
<b>Pasta and Jackets</b>	Jacket Potato with Tuna and Sweetcorn Mayonnaise	Pasta Arrabiata	Stuffed Sweet Potato with Spinach and Ricotta	Pasta Marinara	Mixed Bean Chilli Jackets
<b>Desserts</b>	Jam and Coconut Cake	Chocolate Sponge with Chocolate Sauce	Vanilla Cupcakes	Bakewell Tray Bake	Fruit Crumble with Cream



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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread	Homemade Soup of the day and Freshly baked bread
<b>Main course</b>	Chicken Burgers	Beef lasagne	Hot dogs	Roast Pork	Fish cakes/ fish fingers.
<b>Main course</b>	Vegetable Burgers	Vegetable lasagne	Vegetarian Hot Dogs	Aubergine, cheese and tomato bake.	Vegetarian fish cakes.
<b>Sides</b>	Wedges Onion rings Mini corn on the cob	Garlic bread Fine green beans with lemon juice.	Smokey Wedges Fried Onions Baked beans	Roast potatoes, Yorkshire puddings Roasted vegetables.	Chunky chips Buttered peas.
<b>Pasta and Jackets</b>	Mushroom Carbonara	Mushroom jacket potatoes	Cauliflower Cheese	Creamy courgette, mint and parmesan pasta.	Sweet potato Jacket with coronation chicken coronation.
<b>Desserts</b>	Sultana and orange Traybake	Pineapple upside down cake	Blueberry Muffins	Carrot cake	Lemon drizzle cake.